



Norwich Road Runners Committee Meeting Minutes

Tuesday 25th September 7.30

Present Kathleen Easter, Beryl Knowles, Alma Simmons, Mark Betts, Jodie Causer, Chris Harrison, Glyn Manton, Nicky Dowson

Apologies Gary Cooper, Mick Powell, Paul Dowson

1. Confirmation of meeting minutes from 4/9/2018-*all agreed*

2. Social Committee update-Glyn

Nothing to report this month. Broadland drinks/cakes and Christmas

party in hand. Next meeting 9/10

3. VLM – London –

Deposits paid – No update on when details are being announced.

4. Safeguarding

Beryl has made some changes to the policy. Discussion about training of safeguarding for coaches and volunteers. Beryl to check with UKA about initial training and ongoing.

All agreed for Beryl to approach S.J. about running suitable courses for coaches and volunteers.

5. Expenditure report

Bank balance positive and healthy

Expenditure

Mini bus hire RNR	525
High Vis RNR	297
EACCL- Fees XC	50
Kit top up	370
Sewell Park Room hire (3 months)	£600



6. Membership report

Proposal (Mark) Pro rata membership costs – should we reduce costs after 6 months has lapsed?

All agreed- Mark to come up with a suitable fee per month

7. Junior update

All agreed that Ally Hadden and Joe Woodley coach training.

Good turnout for Coltishall 2k, some fast NRR juniors on show.

Sporthall. To support all 3 races. *Club to help with transport for the King Lynn fixture either through Glyn (Norwich School) or by hiring transport to take juniors to this fixture- Other fixtures are at UEA.*

Rota working well , ensuring a minimum of 5 helping Junior sessions

8. Coaches update

6 applicants for coach training (Less Joe W who will be helping juniors)

All agreed that all 5 would be accepted, costs paid for by the club.

Mark to find out how to get the vouchers for payment/booking details

Alma invited to next Senior coaches meeting.

Stephen has attended one junior session this term as promised.

Stephen reminded us about that RNR is supported by club in terms of facilities management which he has helped organise during the last few years.

There was a discussion about joint club training nights which could help build better relationships with other clubs. *Jodie to continue discussions about a joint training session.*



9. Communications report

Glyn to amend newsletter and email out at end of week. Focus on Ballot (VLM) and calls for help, also AGM notice. First version will be basic text due to time constraints. He has a meeting with his School who are likely to provide a student to set up and edit the October edition, in time for the next meeting.

Chris reported on his extensive analysis of our Facebook page

140 members not on Facebook so need to send something out monthly. (see above)

General discussion about who to cut back. All agreed that the NRR page should not be member only as we use to publicise races. Agreed that it would be best if only Chris approved members, that way easier to liase with Mark about who has joined the club. Chris happy to start cutting back members on Facebook (He has sent out a notice to that effect already)

Conversation about stakeholders to the club that were banned. Unanimous decision to unblock one person.

10. Club races report

Broadland 2018

Progress re 2019 half

Horsford XC

Race team working well. David Field has taken on role of Health and Safety Officer and is prioritising risk assessment and First Aid for both races.



Broadland is on schedule, now awaiting closing of transfers so race packs can be organised. Road closure letters to go out next week.

Jodie has made progress on most parts of 2019 race. License to applied for with Glyn/David in next week

Talked about giving less trophies in racing. *Discussion for race team.*

11. Communication night/formation of club plan (16th October) – Glyn-

It was decided to drop this night as it may reduce amount of people going to the AGM.

12. RNR Teams for 2019 (proposal)

Chris proposed that he would be happy to run a mens team. Depending on how many teams we have this would mean a Womens team and having the third as a mixed ballot. No decision made at this point

13. Which XC to support (Parliament Hills v Nationals)

Agreed to support Parliament Hills

14. AGM – Thursday 22nd Nov- Format, what needs to be done and by who.

Topic for next month. Chris to email Glyn last year's presentation

15. Collections within the Club

Discussion about unofficial collections. Needs further discussion.

16. Lock up container – Organisation

Jodie has got some boxes. Race kit to be moved out to make room for training gear. Glyn to speak to coaches about how we can better organise lock up

17. Attendees at Norfolk Athletic meeting



Nicky Dowson and Jodie Causer will represent club

18. AOB

- a) First aid –*Glyn to check with Dave Field about prices for courses*
- b) Glyn to check with committee members not present of their intention of standing for election at AGM. Mark confirmed he would continue as membership Secretary for 12 more months. Nicky and Paul Dowson confirmed they would be standing down after they have both finished their 5 year terms in November.
- c) Club award – Rachel Cubbit has offered to put together a proposal for how we get nominations for annual club awards. To present next meeting.
- d) *Following meeting* a proposal came in to pay for transport for the midweek XC league, for the 3 venues furthest. This way more could go and club would be able to take Gazebo. Agreed with condition that those using it would ensure that the Catton fixture is marshalled.
- e) *Following meeting* a proposal for signage for minibuses. To be use on club trips. £145
- f) *Following meeting* proposal given to Kathleen to have a separate bank account with a card reader for kit and trip payments. Payments can then be named and sent to main account, that way details of main account are not public. Kathleen happy with proposal. *Jodie to source account.*

Agree next meeting –

30th October 2018.