

Norwich Road Runners Committee Meeting June 27th 2017

Present: Gary Cooper (chairman), Mark Betts, Nicky Dowson, Paul Dowson, Stacey Harper, Beryl Knowles, Rachel Miller, James McFarlane, Mick Powell, Tina Moseley, Steve Moseley (Coaches) Alma Simmonds (Juniors)

Apologies: Mick Powell

Coaching Update

Neil and Steve are completing Day 3 of their coaching course at the weekend. Alan Bradley is doing the same course later this year.

Steve requested that we increase the number of coaches, particularly for Tuesday evening sessions. 4 or 5 people have stepped up to go on the Level 1 Coaching Course with a good range of age and experience between them. Steve has given each Thursday run route a number and has made a rota for these.

After this report, Steve left the meeting.

Social Committee

The committee had sent a written report saying that things were in hand for the final Wroxham race, with a call for more help if possible.

The Christmas celebration dinner is booked at the Library in Norwich for Saturday December 9th.

Information about the proposed Parkrun takeover and fun day at Holkham will follow.

Juniors

Alma has completed her Designated Officer for Safeguarding course.

There are currently about 60 Junior members and new members are now being admitted. One of Alma's young volunteers is being assessed for a sports exam at one of upcoming Junior sessions - this is a positive development for the club and the individual.

Alma and Elies will sort out the teams for Ekiden – there will be 8 teams in total. Alma intends there to be 1 adult (at least) with each team.

After this report, Alma left the meeting.

Minutes from the Last Meeting

One correction was made to the Financial report. Beryl will send the amended minutes (6.6.17) to Rachel to publish on the website.

The Safeguarding Policy is being given out to all coaches (about 30) with a request to return the signed slip by July 14th at the latest. Mark and Beryl will keep a record of returns.

It was agreed that Mick arranges a visit to Thorpe High School for the committee – a Wednesday evening (after 6pm) in July would be preferable.

Races

Arrangements for the final Wroxham Race are in hand. The last race was a sell out and everything had gone well.

Rachel is organising the helpers and is trialling an email for volunteers.

The final number of Senior teams for Ekiden will be decided shortly. The coaches are booked.

Membership Update

Mark is still getting renewals as well as new members. There are currently 450 members. A club membership will continue to include membership of UKA.

Communications Update

Nick Gurney wrote an article about joining a running club and this will be published in Run Norwich magazine.

Rachel is getting enquiries each week about joining NRR and is responding.

Round Norfolk Relay

The teams are almost sorted, with the last one being picked this week. The coaches are booked.

Any Other Business

There was some discussion about dates for next year's races as Nicky is going to the Athletics Norfolk Road Running Committee meeting on July 12th. It was suggested that the Broadland Half take place on March 4th. Tina will contact Nick regarding dates for Wroxham series.

A club member has expressed interest in joining the committee and as such, has been invited to the next meeting which is on July 25th.

There has been some positive feedback about the new t-shirts, although some tweaks to design and colour are needed. Nicky and Paul are going to try to get a limited number of vests so that they can get feedback before making a large order. Gary is keen that the new design be put on gazebos and flags etc.

Expenditure June

WR Events – timing Wroxham 5k Race 1	660.00
Stephen Moseley – coaching course	255.00
Nick Gurney – Wroxham 5k – Facebook/adverts	43.00
Gary Cooper – Wroxham 5k	484.00
Medals for All – Wroxham 5k	85.00
England Athletics coaching course x3	560.00
WR Events – timing Wroxham Race 2	660.00
T-Print Ltd – t- shirts Wroxham 5k	4098.00
Norfolk Road Running – GP levies	375.00
Total	£7220