

Norwich Road Runners Committee Meeting

Tuesday 22 November 2016

Present: Gary Cooper (chairman), Mark Betts, Nicky Dowson (minutes), Paul Dowson, Kathy Easter, Nick Gurney, Stacey Harper, Beryl Knowles, Rachel Miller, Mick Powell.

Absent with apologies: Barry Hipwell, James McFarlane.

Juniors

- Elise attended
- One newly qualified assistant coach and two more interested in taking the course/becoming qualified;
- More volunteers are needed particularly on Saturday. Richard has asked for volunteers through the club facebook page and several have responded to his request;
- Saturdays are growing, about 15- 18 juniors attending and nearly 40 on a Thursday;
- 20 juniors have attended the Ryston x countries where one of the juniors achieved a first place. A newsletter went out to juniors about the Ryston and Horsford Cross Country
- In the schools Cross Countries there were 4 first placed juniors;
- Richard is organising a team for the Norfolk Cross Country Championships;
- Future sessions have been planned with guest coaches: Paul Evans and Jane Clarke

Social Committee

- Victoria and Steve Utting attended;
- Reported problems with the social committee emails;
- Xmas party is nearly sold out with only 8 tickets left. Raffle prizes are being sourced.
- Fun run will be on December 15th, SC to confirm with Peter (centre manager) that bar area is ok for NRR to use again and is stocked for fun run;
- A calendar of social events for 2017 is being compiled.

Coaching

- New head coaches Neil Walpole and Steve Moseley recently had a very productive meeting with the coaches, plenty of ideas to move the coaching forward.

- Beryl to remind members that juniors under the age of 16 are not allowed to join in with the adult effort sessions.
- Lights – Paul Dowson suggested a rota for charging the lights, this is to be put to the head coaches to tie in with the coaching sessions. Following a member request at the AGM it was decided that some new lights should be purchased. The large lights if correctly positioned provide good coverage of the field. Gary Cooper to investigate and purchase more of the smaller lights.
- Second container on the field may become available to store equipment.

Membership

- Mark Betts reported that there are approximately 370 adults and 60 juniors
- Membership is growing by about 30% a year
- Online membership with payment and forms to be instigated to replace current system of Paypal and paper forms. There will still be the opportunity for paper forms for those that prefer.

Sewell Park

- With club growing each year the current venue may not be suitable for needs of the club. The provision of facilities for the club was discussed with a review to take place in the New Year.

Terms of reference

- Beryl Knowles to consider compiling terms of reference for sub committees.

Club Awards

- Mick Powell and Mark Betts have the nominations for the club awards.
- 4 trophies from last years winners are yet to be returned

Horsford Cross Country

- 1st race is on Sunday 18th December
- Mick Powell and Gary Cooper to set the course the day before
- Rachel Miller co-ordinating marshals, a good amount have volunteered for the 1st race.

Broadland Half Marathon

- Tina Moseley has volunteered to be co –director;
- Race entry of 450 has sold out in 5 weeks;
- Nicky Dowson to order trophies;
- Donations from sale of refreshments will be made to the Big C.

ANRRC

- County championship and Grand Prix races have been set for 2017. Wroxham 5k to host Grand Prix and County championships as usual.

Any Other Business

- Christmas opening. The last session of the year will be on Thursday 22nd December and the first session of the New Year will be on Tuesday 3rd January.
- Club Kit. Local professional clothes designer has offered to design some new kit f.o.c as a thank you to NRR for their support of the Dunerunner races/team. New supplier/s to be investigated.
- Hadrian's Wall trip, it was agreed that self-funding non-members could join the trip. The club will pay for expenses for the minibus driver.
- 'Serv Norwich' have asked to be considered for a charitable donation from the sale of refreshments at one of our races. The designated charities will be decided before the race.
- James McFarlane has been co- opted on to the committee
- Entries for the Southern cross country championships to be made by the end of 1st week in December. Paul Sullivan is co-ordinating.

Date of Next Meeting

- The next committee meeting will be on Tuesday 31st January 2017.